

Local Support

Impact 211/ dial 211 Southeastern Wisconsin Family, health and social service resources

NAMI of Greater Milwaukee www.namigm.org or 414-344-0447

NAMI of Wisconsin www.namiwisconsin.org

Mental Health Crisis Line 414-257-7222

Warmline (non-crisis support) 414-777-4729 Website: www.warmline-milwaukee.webs.com

Ozaukee County Crisis hotline 262-284-8145 or 262-377-2673

Ozaukee Family Services 262-376-7774 www.ozaukeefamilyservices.org

Mental Health America of Wisconsin 414-276-3124 or 866-948-6483 www.mhawisconsin.org

Jewish Family Services 414-390-5800

Addiction

Alcoholism & Drug Dependency Hope Line 1-(800) 622-2255

Alcoholics Anonymous 414-771-9119 Website: aamilwaukee.com

Adult Children of Alcoholics (ACOA) adultchildren.org

The Adult Literacy Center (Ozaukee County) adulteracycenteroz.org

Al-Anon 414-257-2415 Website: www.alanon-wi.org

Alateen 414-257-2415

Codependents Anon www.CaDa.org

Teen Substance Abuse - Huiras Center Ozaukee Cty 262-241-6127

Family & Teen/Teen Recovery support: Just Listen www.just-listen.org or 414-837-8041

AODA families Anonymous 414-384-8051 (Brookfield) or 414-712-5780 (Mequon) or

www.familiesanonymous.org

Cocaine Anonymous 414-445-5433

Gambling 24 hour Help Hotline 800-426-2535 Website: www.wi-problemgamblers.org

IMPACT Alcohol & Drug Abuse Services 414-256-4808 www.impactinc.org

Meta House 414-962-1200 Website: www.netahouse.org

Maternal Addiction Recovery Center 414-219-4100

Sexual Addicts Anonymous www.saa-recovery.org

Smart Recovery www.smartrecovery.org

Starting Point of Ozaukee County AODA Resource Center 262-375-1110

Aging

Interfaith Milwaukee www.interfaithmilw.org or 414-292-7500

Interfaith Ozaukee County www.interfaith.org or 262-376-5362

Alzheimer's Association 414-479-8800 or 24-hr line 800-272-3900 Website: www.alz.org/sewi

Alzheimer's Information/caregiving - www.caring.com

Transportation for Older Adults

Agency on Aging n4a.org

Eldercare Locator eldercare.gov/eldercare.net/public/index.aspx or 800-677-1116

Aging & Disability Resource Center (ADRC) Ozaukee County 866-537-4261 or

www.co.ozaukee.wi.us/ADRC

Aging Resource Center (Mil) 414-289-6874 or www.county.milwaukee.gov/aging

Aging Transitions in Care - nextstepincare.org

Aging - Meals on Wheels www.mealsonwheelsamerica.org

SeniorCare 800-657-2038 or www.dhs.wisconsin.gov/seniorcare/index.htm

SeniorLAW 414-278-1222 Website: www.legalaction.org

Anxiety

Info: www.anxieties.com

Autism

Autism Society 414-427-9345

Autism Speaks

Wisconsin Early Autism Project www.wiautism.com

Disability

Disability Rights Wisconsin www.disabilityrightswi.org or 414-773-4646

IndependenceFirst www.independencefirst.org or 414-291-7520

Milwaukee County Disabilities Services Division 6660 or www.county.milwaukee.gov/DSD.htm

Life Navigators www.lifenavigators.org or 414-774-6255

Wisconsin Facets www.wifacets.org or 414-374-4645

Milwaukee Center for Independence 414-937-2020 Website: www.mcfi.net

Wisconsin Dept. of Health Services Disability Determination Bureau (800) 423-1938

www.dhs.wisconsin.gov/ddb/index.htm

Domestic Violence

Batterer's Anon 414-643-4799

Child Protective Services (CPS) Milwaukee County 414-277-8980 Website:

www.dcf.wisconsin.gov/bmcw 24 hour Crisis Line 414-220-7233

Domestic & Sexual Violence Oz. county Advocates crisis: 262-284-6902 business 262-284-3577

toll free 1-877-375-4034

Sojourner Family Peace Center 24 hr. 414-933-2722 Website: www.familypeacecenter.org

Safe Horizon 800-621-HOPE (4673) safehorizon.org

National Resource Center on Domestic Violence nradv.org
National Coalition Against Domestic Violence ncadv.org
National Network to end Domestic Violence nnev.org
National Domestic Violence Hotline 1-800-799-SAFE (7233) thehotline.org
Family Violence Helpline 1-(800) 996-6228
The Childhelp National Child Abuse Hotline 1-(800) 422-4453
Milwaukee Women's Center 414-449-4777 or www.communityadvocates.net/women , 24 hr
Crisis Line 414-671-6140
Adult Survivors of Child Abuse www.ascasupport.org

Eating Disorders

National Crisis Line, Anorexia and Bulimia 1-(800) 233-4357

Grief

www.griefshare.org

Grief Support Center 414-464-8383

Horizon Grief Resource Center 414-586-8383 www.horizonhch.com/grief-resources

Jewish Family Services Loss/Illness Pathways to Healing 414-225-1385

Kyle's Korner 414-777-1585 www.kyleskorner.org

Survivors Helping Survivors 414-276-3122 Website: www.mhawisconsin.org/survivors.aspx

Home Helpers of Mequon www.HomeCareMequon.com or 262-365-1443

Legal

Marquette Volunteer Legal Clinic 414-933-1300

Legal Aid Society of Milwaukee 414-727-5300 Website: www.lasmilwaukee.com

Legal Action 414-278-7722 Website: www.legalaction.org

Sojourner Family Peace Center Restraining Order Clinic 414-278-5079 Website:

www.familypeacecenter.org/resources/legal-resources

Milwaukee Bar Association Lawyer Referral & Information Service 414-274-6768 Website:

www.findmilwaukeeelawyers.org

Narcotics Anonymous 262-242-9999 (Thiensville) 1-866-913-3837 Websites:

www.namilwaukee.org or www.wisconsinna.org

LGBT

LGBTQ Community Center of Milwaukee www.mkeLGBT.org or 414-271-3656

GLBT Hotline 1-(888) 843-4564

TREVOR Crisis Hotline 1-(866) 488-7386

The Trans Lifeline 1-(877) 565-8860

Medical Conditions

After Breast Cancer Diagnosis (ABCD) abcdbreastcancersupport.org or 800-977-4121

Chronic Health Conditions www.cdc.gov/LearnMoreFeelBetter

Chron's - www.CCFA.org

Lupus Foundation Group 414-443-6400

American Migraine Foundation www.americanmigrainefoundation.org/move-against-migraine

Cope Hotline 262-377-2673

The Wisconsin Parkinson's Association 800-972-5455 Website: www.wiparkinson.org

AIDS Crisis Line 1-(800) 221-7044

OCD

OCD Support <https://iocdf.org/>

Parenting

MHA Parent Support Group 414-276-3122 or 414-336-7962

Parenting Anonymous Local: 262-338-1661 National helpline: 855-427-2736 Website:

www.parentanonymous.org

Ozaukee Family Services Nurturing & Parent Support 262-376-7774

Parenting Network 414-671-0566 Website: www.theparentingnetwork.org

Parenting Thru Depression 262-549-5575

Parents without Partners 414-438-5322

Postpartum Depression Progress Support Groups www.postpartumprogress.com

For single mothers: www.hopenetwork.org

Youth & Family Project www.youthandfamilyproject.org

Adoption Resources 414-475-1246

Sexual Abuse & Rape

The Healing Center 414-671-4325 www.thehealingcenter.org

Sexual Assault Treatment Center (Aurora Sinai Medical Center) 414-219-5555 (24 hours/day)

Rape Abuse & Incent National Network 800-656-4673

Ozaukee County Domestic Violence Shelter 262-284-3577

Advocates of Ozaukee County for Female Sexual Abuse & Domestic Violence - 262-284-6902

Sexual Abuse & Domestic Violence Groups 877-375-4034

Beacon Support (women) 414-282-4414

www.aftersilence.org

Suicide & Self-harm Hotlines

National Suicide Prevention Lifeline (800) 273-8255

SAMHSA National Helpline 1-800-662-4357

National Hopeline Network (800) 784-2433

Self-Harm Hotline (800) 366-8288

Crisis Text Line - text "CONNECT" to 741741

LifeLine Crisis Chat <https://www.contact-usa.org/chat.html>

Veterans

Dryhooch www.dryhooch.org or 414-988-9828

Center for Veterans Issues (CVI) 414-342-4284 or www.cvivet.org

Clement J. Zablocki VA Medical Center 414-384-2000 Website: www.milwaukee.va.gov

Veteran Crisis Support Hotline 1-800-273-8255 and press 1 or text 838255

Veteran Crisis Support Hotline for Deaf & Hard of Hearing 800-799-4889